

# HOME ACTIVITY

<b>Topic Name:</b>	Tracing different objects	<b>Topic No:</b>	1
<b>Pre-school:</b>	3 to 5 years	<b>Duration/Time:</b>	15 – 20 mins

## Materials Required:

Drinking glass, plates, bowl, jars, pencil, book or a sheet of paper etc

## Activity Description:

### How to do this activity with your child:

1. Ask your child to collect different objects around the house. Or you can keep a few objects ready and ask your child to choose from them. e.g. drinking glass, plates etc.
2. Take a paper and pencil and trace out an object on the paper yourself so that the child knows what has to be done.
3. Now ask the child to trace some objects on the paper with a pencil. (He/she can trace more than one object.) You can supervise and help the child if needed.
4. After tracing ask your child to talk about the shape, size of the object drawn and count how many objects he/she has drawn. e.g. This shape is big, medium and small. (You can also share about your own drawing.)
5. As your child shares encourage him/her by supporting and appreciating.

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Fine motor skills
2. Socio - emotional development.
3. Language development.
4. Concepts

### 21<sup>st</sup> Century Skills:

1. Confidence
2. Creativity

# HOME ACTIVITY

<b>Topic Name:</b>	Tracing/Imprinting different objects	<b>Topic No:</b>	2
<b>Pre-school:</b>	3 to 5 years	<b>Duration/Time:</b>	15 – 20 mins

## Materials Required:

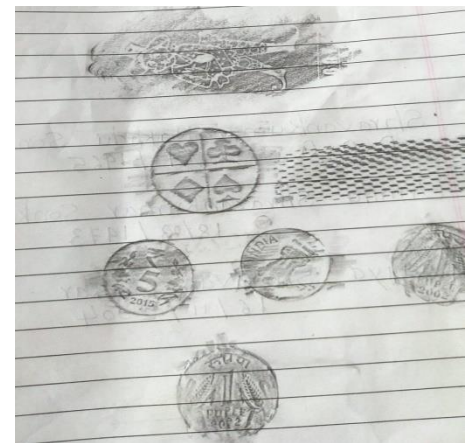
Household objects like wedding cards, coins, badges, any rough surface items etc.

## Activity Description:

### How to do this activity with your child:

1. Sit with your child and do this activity with him/her and watch them as they do the activity.
2. To begin with take any type of object coin/wedding card or any rough surfaced item and place a plain paper on it.
3. Firmly hold it and scribble on it continuously with the help of crayon or pencil. See the picture of the object placed under it and show the same to your child.
4. Now let the child do this activity by him/herself. Help them if need be.
5. Talk to the child regarding the activity and ask them what they have done and what is the outcome. For e.g. If the imprint is that of a coin ask the child if they know about it. Share information with your child.

## Example:



## What is your child learning?

### Developmental Domains:

1. Fine motor skills
2. Socio- emotional development.
3. Language development.
4. Concepts

### 21<sup>st</sup> century skills

1. Confidence
2. Creativity

# HOME ACTIVITY

<b>Topic Name:</b>	Comparing	<b>Topic No:</b>	3
<b>Grade/Standard:</b>	3 to 5 years	<b>Duration/Time:</b>	15 – 20 mins

## Materials Required:

Bowl, rice, lentils, etc.

## Activity Description:

### How to do this activity with your child:

1. Give your child 2 bowls.
2. Then put 2 items in different quantities in those bowls. (e.g. put rice in one bowl and put lentils in the other bowl)
3. Tell them that you are going to do an activity which is called comparing.
4. Then ask them which bowl has more and which bowl has less.
5. Once the child answers appreciate his attempt.
6. Continue to add and reduce the materials in each bowl each time and ask questions to your child.

## Example:



## What is your child learning?

### Developmental Domains:

1. Fine motor skills
2. Socio- emotional development.
3. Language development.
4. Concepts

### 21<sup>st</sup> century skills

1. Confidence
2. Communication
3. Creativity

# HOME ACTIVITY

<b>Topic Name:</b>	Water play	<b>Topic No:</b>	4
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

## Materials Required:

A small tub, bucket, glass, bowls, jars, bottles of different sizes, big spoons, measuring spoons, plastic sheet, rag etc.

## Activity Description:

### How to take this activity with the child:

1. You could do this activity in the bathroom where you will not mind the spilt water. If you are doing this activity in any other room then you will have to put a plastic sheet below the tub or bucket to avoid spilling of water.
2. Keep a small bucket half filled with water and a few of the materials mentioned above near it. Ask the child to explore the objects and share what he/she thinks you are going to do.
3. After the child has shared, tell the child to play using the things given and fill or empty the containers as they like and share their experiences.
4. Let the child play by himself/herself for a while and then ask the child some questions like – “How many bowls of water did you fill in the big glass?” “How many glasses of water fills up the bottle?” “How does the water feel?” “Can you drink this water?” “Did you count the number of spoons of water needed to fill the glass?” “Which object holds more water?” Which object holds less water? ‘etc.
5. Accept the child’s answers and encourage him/her to share more.
6. Clean up the space with the help of your child and change his/her clothes.

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Sensory Development
2. Socio - emotional development.
3. Language development.
4. Concepts

### 21<sup>st</sup> Century Skills:

1. Confidence
2. Critical Thinking
3. Communication

# HOME ACTIVITY

<b>Topic Name:</b>	Music and Movement	<b>Topic No:</b>	5
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 minutes

## Materials Required:

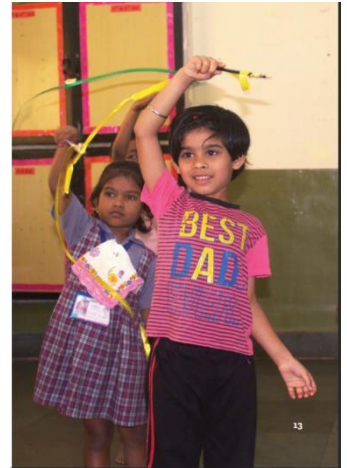
a ribbon / small scarf / dupatta, any kind of music

## Activity Description:

### How to do this activity with your child

1. This is a great relaxing activity for you and your child.
2. Give the child the **ribbon / small scarf / dupatta**. You can take one yourself. Put on any kind of music – fast or slow.
3. Make movements with your hands and ask your child to repeat the action. The actions can be up and down, side to side, bending, turning etc. You can also make shapes or alphabets in the air and say the same aloud for e.g. Circle/ B /3 etc. You can use only one hand or both hands for doing the actions.
4. Now ask your child to make any action with the music and you copy the same after him/her.
5. Children love music and movements and they will enjoy themselves as they learn.

## Example:



## What is your child learning?

### Developmental Domains:

1. Gross and Fine motor skills
2. Socio- emotional development
3. Language development
4. Concept development

### 21<sup>st</sup> century skills

1. Confidence
2. Creativity

# HOME ACTIVITY

<b>Topic Name:</b>	Alphabet Magic	<b>Topic No:</b>	6
<b>Grade/Standard:</b>	4 to 5 years	<b>Duration/Time:</b>	30 minutes

## Materials Required:

Materials whose names begin with the same alphabet, a big bag. For e.g. If you are taking letter B – you can take bat, ball, banana, basket, bun, bow, bike (toy), bus (toy), etc, paper, crayon

## Activity Description:

### How to do this activity with your child:

1. Take a big plastic or cloth bag and put all the things you have chosen in it. Keep the paper and crayon also next to you. Ask your child to sit near you and show the bag to him/her. Ask your child what they think is in the bag.
2. Accept all the answers given. Smile and tell them that you will be playing a game today and it's called alphabet magic. They have to put their hand into the bag and pick up a thing guess what it is and then pull it out of the bag.
3. If the child has guessed right then reconfirm the same. If the child has guessed wrong, it's ok. Just give them the right word.
4. After all the things are out of the bag. Ask the child to repeat the name of each object and see what they think is common.
5. If the child is unable to guess what is common – then stress out the word yourself for e.g. B b (sound) bus, B b banana, B b ball etc. The child will then say that B b is common. You can write the same on a paper and then ask the child to write the same as many times as he/she wishes on the paper.
6. The same activity can be done with any other letter on any other day.

## Example:



## What is your child learning?

### Developmental Domains:

1. Fine motor skills
2. Socio- emotional development.
3. Language development.
4. Concept

### 21<sup>st</sup> century skills

1. Confidence
2. Communication
3. Critical thinking

# HOME ACTIVITY

<b>Topic Name:</b>	Animal dance	<b>Topic No:</b>	4
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

## Materials Required:

Mobile phone, video (resource).

## Activity Description:

**How to take this activity with your child :-**

**(The activity is about animal dance: Use your mobile phone to play this video)**

1. Tell the child, today we are going to do the animal dance.
2. Play the animal dance video [https://youtu.be/3gt\\_G1BjTD4](https://youtu.be/3gt_G1BjTD4) and watch it along with child.
3. Start dancing while watching the video and see that the child also dances with you. Continue dancing with your child and enjoy the dance.
4. Appreciate the children after completing this activity and take care of them while dancing.
5. Appreciate the child after completing this activity and take care of him/her while dancing.
6. As a quick recap, ask the child about all the animals that were dancing in the video

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Gross motor development
2. Socio Emotional development
3. Language development

### 21<sup>st</sup> Century Skills:

1. Confidence
2. Communication
3. Creativity

# HOME ACTIVITY

<b>Topic Name:</b>	Art & Craft	<b>Topic No:</b>	8
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

## Materials Required:

Variety of bottle caps, pencils or sketch pens, crayons, blank paper.

## Activity Description:

**How to take this activity with your child :-**  
**(The activity is about tracing)**

1. Collect all the required materials and tell the children about today's activity.
2. Ask the children to take a lid or a bottle top. Then, ask them to place the lid on the plane paper and press the lid with one hand so that it will not move here and there while tracing (as shown in the picture). Then move the pencil around the lid with the other hand. Facilitate the children while doing this tracing activity.
3. In this way, ask the children to take different lids and do different tracings in different sizes. Then, ask the questions:
  - a. How many lids did you trace?
  - b. Are all the lids of same in size.
4. Ask the children to colour the circles and count them.
5. After the activity, recap and ask the children about today's activity.

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Fine motor development
2. Eye-hand coordination
3. Language development

### 21<sup>st</sup> Century Skills:

1. Confidence
2. Communication
3. Creativity



# HOME ACTIVITY

<b>Topic Name:</b>	Portfolio ( Folder)	<b>Topic No:</b>	9
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

### Materials Required:

News paper, ribbon and sketch pen, gum

### Activity Description:

**How to take this activity with your child :**  
(activity is about making portfolio: this folder is to keep the child's work ) <https://youtu.be/NKDicmkQezg>

1. Take news paper and other required material.
2. Go through the video and demonstrate the same to your child and ask the child to make a folder as shown. After making the folder, tell them to draw a picture or make any design on it.
3. Then, ask the children to write their name on it in bold (big) so that they can see it's their folder.
4. Once the folder is ready, ask the children to keep their activities in it.
5. Recap the steps followed while making the folder and talk about its use.

### Example:



### What is your Child Learning?

#### Developmental Domains:

1. Fine motor development
2. Socio-emotional development
3. Language development.

#### 21<sup>st</sup> Century Skills:

1. Creativity
2. Communication
3. Confidence

# HOME ACTIVITY

<b>Topic Name:</b>	Maths	<b>Topic No:</b>	10
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

## Materials Required:

Bottles of various sizes and their corresponding caps which are available in the house.

## Activity Description:

### How to take this activity with your child :

**(Activity:** Classifying the bottle and the lid and putting the lids to the correct bottle)

1. Collect all the required materials and tell the children about today's activity. Place the materials in front of the children and ask them what they think you are going to do with it.
2. Ask the children to arrange the bottles either big to small or small to big in such a way,



For example:

3. After that, ask the children to talk about the colour, size and shape of the bottle. Then take out the lids of the bottles and mix them. Now ask them to put the bottle caps on the correct bottle.
4. After the activity, recap and ask the children about today's activity.

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Cognitive development
2. Fine motor development
3. Eye-hand coordination
4. Language development

### 21<sup>st</sup> Century Skills:

1. Confidence
2. Communication
3. Critical thinking

# HOME ACTIVITY

<b>Topic Name:</b>	Animal dance	<b>Topic No:</b>	4
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

## Materials Required:

Mobile phone, video (resource).

## Activity Description:

**How to take this activity with your child :-**

**(The activity is about animal dance: Use your mobile phone to play this video)**

1. Tell the child, today we are going to do the animal dance.
2. Play the animal dance video [https://youtu.be/3gt\\_G1BjTD4](https://youtu.be/3gt_G1BjTD4) and watch it along with child.
3. Start dancing while watching the video and see that the child also dances with you. Continue dancing with your child and enjoy the dance.
4. Appreciate the children after completing this activity and take care of them while dancing.
5. Appreciate the child after completing this activity and take care of him/her while dancing.
6. As a quick recap, ask the child about all the animals that were dancing in the video

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Gross motor development
2. Socio Emotional development
3. Language development

### 21<sup>st</sup> Century Skills:

1. Confidence
2. Communication
3. Creativity

# HOME ACTIVITY

<b>Topic Name:</b>	Art & Craft	<b>Topic No:</b>	8
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

## Materials Required:

Variety of bottle caps, pencils or sketch pens, crayons, blank paper.

## Activity Description:

**How to take this activity with your child :-**  
(The activity is about tracing)

1. Collect all the required materials and tell the children about today's activity.
2. Ask the children to take a lid or a bottle top. Then, ask them to place the lid on the plane paper and press the lid with one hand so that it will not move here and there while tracing (as shown in the picture). Then move the pencil around the lid with the other hand. Facilitate the children while doing this tracing activity.
3. In this way, ask the children to take different lids and do different tracings in different sizes. Then, ask the questions:
  - a. How many lids did you trace?
  - b. Are all the lids of same in size.
4. Ask the children to colour the circles and count them.
5. After the activity, recap and ask the children about today's activity.

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Fine motor development
2. Eye-hand coordination
3. Language development

### 21<sup>st</sup> Century Skills:

1. Confidence
2. Communication
3. Creativity

# HOME ACTIVITY

<b>Topic Name:</b>	Portfolio ( Folder)	<b>Topic No:</b>	9
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

## Materials Required:

News paper, ribbon and sketch pen, gum

## Activity Description:

**How to take this activity with your child :**  
(activity is about making portfolio: this folder is to keep the child's work ) <https://youtu.be/NKDicmkQezg>

1. Take news paper and other required material.
2. Go through the video and demonstrate the same to your child and ask the child to make a folder as shown. After making the folder, tell them to draw a picture or make any design on it.
3. Then, ask the children to write their name on it in bold (big) so that they can see it's their folder.
4. Once the folder is ready, ask the children to keep their activities in it.
5. Recap the steps followed while making the folder and talk about its use.

## Example:



## What is your Child Learning?

### Developmental Domains:

1. Fine motor development
2. Socio-emotional development
3. Language development.

### 21<sup>st</sup> Century Skills:

1. Creativity
2. Communication
3. Confidence

# HOME ACTIVITY

<b>Topic Name:</b>	Maths	<b>Topic No:</b>	10
<b>Pre-school:</b>	4 to 5 years	<b>Duration/Time:</b>	30 mins

### Materials Required:

Bottles of various sizes and their corresponding caps which are available in the house.

### Activity Description:

#### How to take this activity with your child :

**(Activity:** Classifying the bottle and the lid and putting the lids to the correct bottle)

1. Collect all the required materials and tell the children about today's activity. Place the materials in front of the children and ask them what they think you are going to do with it.
2. Ask the children to arrange the bottles either big to small or small to big in such a way,



For example:

3. After that, ask the children to talk about the colour, size and shape of the bottle. Then take out the lids of the bottles and mix them. Now ask them to put the bottle caps on the correct bottle.
4. After the activity, recap and ask the children about today's activity.

### Example:



### What is your Child Learning?

#### Developmental Domains:

1. Cognitive development
2. Fine motor development
3. Eye-hand coordination
4. Language development









#### 21<sup>st</sup> Century Skills:

1. Confidence
2. Communication
3. Critical thinking

# HOME ACTIVITY

Topic Name:	Language and literacy	Topic No:	
Grade/Standard:	4 to 5 years	Duration/Time:	30 min

<b>Materials Required:</b>
Paper, pencil and crayons

Activity Description:	Example:
<p><b>How to take this activity with your child :-</b></p> <p>1) Tell your child that you are going to do free hand drawing. First show the objects related to Ff - F and the letter Ff and speak with sound.</p> <p>Ff says फ- f- Fire Fighter Fred  </p> <p>Ff says फ- f- fruits   </p> <p>Ff says फ- f- feet </p> <p>Ff says फ- f- fish  etc</p> <p>2) Give paper, pencil and crayons to the child. Ask your child to draw pictures of objects beginning with the letter Ff.</p> <p>3) Label the pictures drawn by the child. Ask the child to repeat the name of the object drawn. Ask to draw pictures according to his own imagination and label them too.</p> <p>4) Help the child during activity if required and encourage him/her.</p>	

What will your child learn through this activity?	
<p><b>Domains of development:-</b></p> <ol style="list-style-type: none"> <li>1. Fine motor skills</li> <li>2. Socio-emotional development</li> <li>3. Language development</li> </ol>	<p><b>21 Century skills</b></p> <p>Critical Thinking Communication Confidence Creativity</p>